

Harvest of the month: Strawberries

Apr-20

			Wednesday 4/1/20	Thursday 4/2/20	Friday 4/3/20
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			WHOLE WHEAT WAFFLES STRAWBERRIES * MILK	CHERRIOS BANANA * MILK	ENRICHED BISCUITS HASHBROWNS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			CHICKEN NUGGETS SLICE OF WHEAT BREAD RED GRAPES TATER TOTS * MILK	GROUND BEEF AND CHEESE NACHOS WHOLE WHEAT TOTILLA CHIPS STRAWBERRIES CORN SALSA * MILK	HAM AND CHEESE WHOLE WHEAT BUN BLUEBERRIES CARROT STICKS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS			<u>PEANUT BUTTER BANANA SMOOTHIE</u> BELVITA CRACKERS WATER	<u>FRUIT PIZZA</u> ON WG PIZZA CRUST WATER	ENRICHED ANIMAL CRACKERS PINEAPPLE TIDBITS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/6/20	Tuesday 4/7/20	Wednesday 4/8/20	Thursday 4/9/20	Friday 4/10/20
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CEREAL BANANA *MILK	LOWFAT YOGURT PEACHES * MILK	MULTI GRAIN ENGLISH MUFFIN FRESH ORANGE * MILK	ENRICHED MUFFIN APPLESAUCE *MILK	GRANOLA FRUIT YOGURT PARFAIT RASBERRIES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED TURKEY WHOLE WHEAT ROLL CUCUMBER SLICES FRESH APPLE *MILK	TUNA SALAD WHOLE WHEAT SALTINE CRACKERS CARROT STICKS SEEDLESS GRAPES *MILK	GRILLED CHICKEN STRIPS ENRICHED TORTILLA WATERMELON DELI BAKED BEANS * MILK	SLICED ROAST BEEF MULTI GRAIN BREAD CHERRY TOMATOES POTATO SALAD * MILK	HAM AND SWISS WHEAT HAWAIIAN BREAD BROCCOLI FLORETS FRUIT COCKTAIL * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAN SUNCHIPS 100% JUICE	CELERY AND APPLE SLICES PEANUT / SOY BUTTER WATER	WHOLE WHEAT CRACKERS STRING CHEESE WATER	ENRICHED RITZ CRACKERS FRESH ORANGES WATER	WHOLE GRAIN BELVITA FRESH PEARS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 4/13/20	Tuesday 4/14/20	Wednesday 4/15/20	Thursday 4/16/20	Friday 4/17/20
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CEREAL BANANA *MILK <input type="checkbox"/> Whole Grain	ENRICHED JELLY BISCUIT APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	ENRICHED MUFFINS CANTALOUPE *MILK <input type="checkbox"/> Whole Grain	SAUSAGE BISCUIT FRESH ORANGE *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN BELVITA BREAKFAST BISCUITS RED GRAPES * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN AND RICE CASSEROLE SWEET PEAS PEACHES * MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WHOLE WHEAT WRAP CARROT STICKS HONEYDEW MELON *MILK <input type="checkbox"/> Whole Grain	HAM AND CHEESE CUBES WHOLE WHEAT CRACKERS BROCCOLI FLORETS W/DIP PINEAPPLES * MILK <input type="checkbox"/> Whole Grain	GROUND BEEF SPAGHETTI GARLIC BREADSTICKS ORANGE SLICES CORN * MILK <input type="checkbox"/> Whole Grain	TUNA SALAD WHOLE WHEAT BREAD SEEDLESS GRAPES CUCUMBER SLICES * MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PITA CHIPS HUMMUS WATER <input type="checkbox"/> Whole Grain	LOWFAT YOGURT STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CRACKERS STRING CHEESE WATER <input type="checkbox"/> Whole Grain	ENRCHED GRAHAM CRACKERS BANANA WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUNCHIPS 100% JUICE <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 4/20/20	Tuesday 4/21/20	Wednesday 4/22/20	Thursday 4/23/20	Friday 4/24/20
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CEREAL APPLES * MILK	ENRICHED MUFFINS PEARS * MILK	WHOLE GRAIN BELVITA BREAKFAST BISCUITS BANANA *MILK	SAUSAGE BISCUIT APPLESAUCE *MILK	EGG AND CHEESE WHEAT ENGLISH MUFFIN FRESH ORANGE * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN SALAD SANDWICH WHOLE WHEAT BREAD MANDARIAN ORANGES GREEN BEANS * MILK	BEEF SPAGHETTI WHOLE WHEAT NOODLES MIXED VEGETABLES PEACHES *MILK	TURKEY BURGERS WHOLE WHEAT BUN TATER TOTS STRAWBERRIES * MILK	HAM AND CHEESE WHOLE GRAIN BREAD POTATO SALAD CANTALOUPE * MILK	BARBQUE PULLED PORK WHOLE WHEAT FLATBREAD TOSSED SALAD BAKED BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	COTTAGE CHEESE PINEAPPES WATER	WHOLE GRAIN SUNCHIPS 100% APPLE JUICE	ENRICHED PRETZELS STRING CHEESE WATER	LOWFAT YOGURT ENRICHED GRAHAM CRACKERS WATER	ENRICHED TORTILLA CHIPS SALSA WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 4/27/20	Tuesday 4/28/20	Wednesday 4/29/20	Thursday 4/30/20	
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CEREAL ORANGES * MILK	SCRAMBLES EGGS HASHBROWNS * MILK	ENRICHED SAUSAGE BISCUITS BANANA * MILK	ENRICHED MUFFINS FRESH APPLE *MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM AND SPINACH WHOLE WHEAT WRAP COLESLAW PEARS * MILK	BEEF CHEESE BURGER WHOLE WHEAT BUN BAKED BEANS RED APPLES * MILK	GRILLED CHEESE WHOLE WHEAT BREAD CUCUMBER SLICES FRESH ORANGE * MILK	GRILLED CHICKEN STRIPS WHOLE WHEAT WRAP SWEET RED PEPPERS W/ RANCH WATERMELON * MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CELERY AND CARROT STICKS PEANUT BUTTER DIP WATER	SUNCHIPS 100% APPLE JUICE	WHOLE WHEAT PITA CHIPS SALSA WATER	ANIMAL CRACKERS STRAWBERRIES WATER	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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